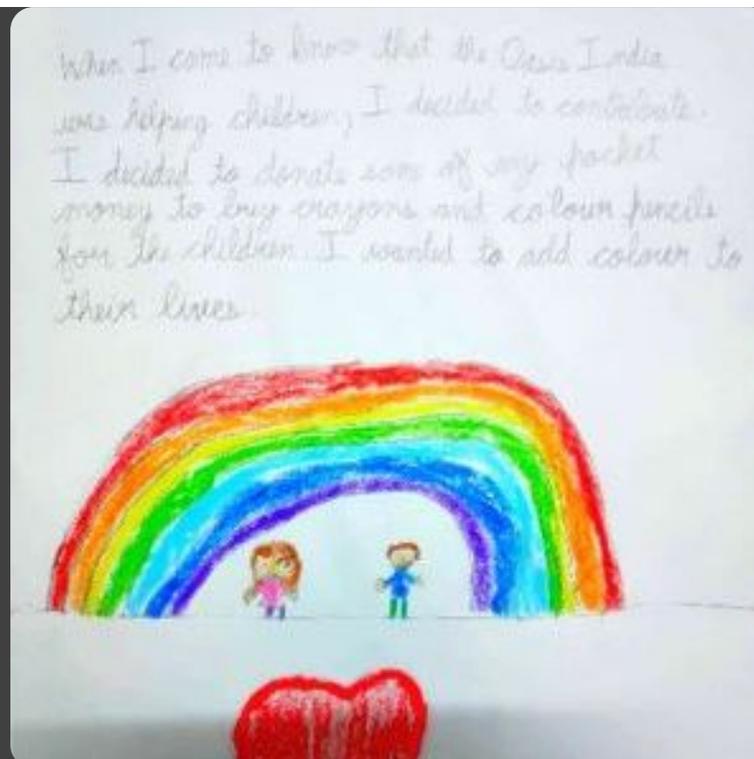




Dear all,

Have you ever thought about why giving brings great happiness?



In the words of an 8-year-old who donated Rs.90 from her piggy bank to give stationary kits for children in the Nalasopara slum, giving is adding colour to someone's life. *Joanna says, "When I came to know that the Oasis India was helping children, I decided to contribute. I decided to donate some of my pocket money to buy crayons and colour pencils for the children. I wanted to add colour to their lives."*



A research conducted by social psychologist Liz Dunn and her colleagues appeared in the journal 'Science' and they had surveyed over 600 U.S citizens on the concept of giving and happiness. They found that across all income groups, those who spent money on others experienced greater happiness than the ones that spent on themselves. In another setting, they gave the students of the University of British Columbia, an envelope with money and asked them to spend that money on themselves or on others before 5 pm. Those that gifted others reported that they were much happier than those that spent money on themselves.

*We make a living by what we get. We make a life by what we give. ~ Winston Churchill*

Giving makes you and those around you happy. When we give in whatever way possible through donation, volunteering etc, we are creating a difference in the life of someone who needs that help. This brings a great sense of fulfilment. The first week of October of every year is celebrated as the Joy Of Giving Week around the world, encouraging everyone to relish the happiness of giving. We have put together a few initiatives that you can give to today!



Project Sarika - Self defence classes for young girls in Kannagi Nagar, Chennai

[Project Sarika](#)



Share at Door Step - An in-kind donation initiative that we are a part of. The easiest part is you can schedule you pick up right where you are!

[Share At Door Step](#)



Stationery Drive



25 stories of freedom - A book with transformation stories of trafficked victims and others from our communities, whom we have had the honour of working with in the past 25 years. We encourage you to buy this coffee table book for yourself or do one better and gift this to someone who you want to inspire!

Buy Book

## Teacher For Life

We honoured teachers in the beginning of this month on Teacher's Day and we can all agree that this pandemic has been the greatest teacher as many of us have had experiences of learning and loss along the way. We spoke to some of the women and children in our programmes and asked them what this lockdown has taught them. Here are some of their thought provoking answers.



"This lockdown has shown me the pain and effort my mom puts into providing for us and making us happy. Sometimes she eats old food so that we can have the fresh cooked food. I have learnt about the love my mother has for my family. I started helping her a lot more at home."

Danesh,  
After-school programme  
Chennai



"Although I had a lot of time to take care of myself and learnt a lot of new things, I see the death of many around us. I have come realise that life is short and many people might have died without forgiving each other. I am glad that I still have the opportunity to forgive and receive forgiveness."

Ruchika,  
Nirmal Bhavan  
Mumbai

Teaching during this lockdown has been a challenge for many of our tutors in the programmes. Here are some of them speaking of their challenges.



"I missed the children at our after-school programme (ASP). As a tutor, we are limiting ourselves in engaging with the students regularly to protect them. This pandemic has confronted us with the challenge of redefining our role as communicators and friends. We should not just be teaching them but also be supportive during this crisis."

Roshini,  
Tutor, ASP  
Bangalore



"Teaching through video was the most difficult for me. But since we did not have another option, I had prepare myself to face this challenge. As a class, we found it difficult to get materials to stitch, so I taught them to stitch using recycled clothes. It was interesting to see how it turned out."

Sasi Jaypal,  
Tutor, Tailoring Programme  
Chennai



"This pandemic has been an unexpected change in our planned lives. I have learnt to adapt to the changes in everything and enjoy one day at a time. This is what makes the difference for me."

Joyce Braganza  
Tutor, Blue Edge  
Mumbai

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We are ecstatic to have reopened our programmes in our Chennai and Bangalore hubs. With this new normal in mind, we are taking the necessary precautions needed to keep everyone safe.



The Chennai team conducted a session on good touch and bad touch session for children in Kalyanapuram, our new hub.



We have resumed the after-school programme in Bangalore for twice a week. The children are studying alphabets, grammar, numbers and are enjoying colouring, drawing and experimental activities at the hub.



In collaboration with Inner Wheel Club of Chennai Thiruvanmiyur and Rotary Club of Chennai Thiruvanmiyur President, we conducted a menstrual awareness session for 40 women at Ezhil Nagar in Kannagai Nagar.



The vocational tailoring programme in Bangalore has resumed with students picking up from where they left off.

**EXPERIENCE THE  
JOY OF GIVING**



GIVE. TODAY.

[Project Sarika](#)

[Stationery Drive](#)

[Share At Door Step](#)

['25 Years. 25 Stories.' Book](#)