



Dear Oasis Family,

This month, we bring you inspiring stories of resilience—of individuals breaking barriers, children thriving through education, and communities standing strong together to fight against human trafficking. Dive in to see how we are making a difference and lighting up lives across India!

A SPOTLIGHT ON THE MONTH'S TOP MOMENTS



Children's Mental Health Week

53 young minds came together in Tuinom to learn, express, and grow through activities focused on mental health awareness as the world observes Children's Mental Health Week 5th - 11th February.

Creative Drawing & Writing – Kids created posters, art, and powerful slogans like "It's okay to talk" and "Take care of your mind."

Interactive Games & Role-Playing – Fun, engaging activities taught the importance of emotional well-being.

Meanwhile, our ASP centers in Timbokgre and Chibra, Meghalaya hosted special awareness sessions on mental health care, fostering conversations around emotional resilience.

These activities empowered children with the tools to care for their mental health and support their friends, creating a culture of understanding and empathy.



#ChildSafety



Bengaluru

Child Safety Prevention Session at RTC HOME

We also celebrated the Inauguration of the Prevention Program at RTC Girls Home—a big step towards safer futures for young girls!

To top it off, we conducted another impactful Prevention Session at St. Patrick's School & Orphanage.

Every conversation, every session, and every step today brings us closer to a safer, better future for children.

Prevention Session at St. Patrick's School & Orphanage

We also had an inspiring network meeting with the Chairman and Board Member of Catholic Club Orphans Trust (CCOT), which oversees 12+ orphanages in Bangalore. Exciting collaborations are being worked on for a city-wide prevention program! Plus, we introduced POCSO to their orphanages and staff soon.





Safer Internet Day with an Awareness Street Play in Chennai

Did you know? Scammers and hackers are always on the lookout for their next target! That's why we took action this Safer Internet Day with an awareness street play in Chennai.

We reached 200 students across 3 colleges and 1 shelter home, sharing eye-opening facts about online scams, hackers, and digital safety. From phishing tricks to cyberbullying, we made sure they left with useful tips to stay protected online!

The internet is powerful—let's use it wisely!



Career Guidance Session for The Youth

Our team at Nalasopara recently hosted an exciting career guidance session for the youth in our computer class, featuring Mr. Vishnu Narayan as the resource person.

Mr. Vishnu didn't just talk about jobs—he helped students discover their strengths and shared valuable insights into today's job market. He stressed the importance of building skills in education, communication, technology, and social interaction—key tools for success!

He reminded our students that job hunting can be tough sometimes, but with perseverance, anything is possible. His words gave the students hope and motivation.



Graduation

It was all about joy, hard work, and new beginnings as 12 incredible students from our tailoring program in Mumbai completed their 6-month course and received their course completion certificates!

The room was buzzing with smiles, laughter, and happy tears as we celebrated with dance, fun games, and lots of love. Watching these students grow in confidence and skill has been nothing short of inspiring!

A big congratulations to our graduates—you did it!

Keep chasing your dreams, and we'll always be cheering for you!



1st U-12 Grassroots Football League: "Football for Life" Kicks Off!

Oasis India, Churachandpur, launched the 1st U-12 Grassroots Football League with a bang on 1st February 2025 at the Fulltime Arena Turf Ground, Hmarveng!

With 85 young footballers from 6 academies competing under the theme "Green Goals," this league is about more than just football—it's about building a healthier, substance-free future for our kids.

Through this league, we're not just shaping future football stars but also empowering children with awareness about the dangers of substance abuse and alcohol. Coaches are guiding them not only

in football but also in life!
The league



Anti-Human Trafficking (AHT)

We held an Anti-Human Trafficking (AHT) session at Nehru Vidyalay, Virar West, engaging 17 students in a unique learning experience!

Through drama and role-playing, students stepped into different characters, gaining a deeper understanding of real-life challenges. Acting out situations helped them see the world from different perspectives, making them more empathetic and aware.

What they learned:

- The power of storytelling to address social issues

- How their actions impact others
- The importance of speaking up in a safe space
- Drama isn't just acting—it's a tool for change!



Empowering Women, Strengthening Communities!

We hosted an impactful session for SHG (Self Help Group) women federation members at Ambedkar Samudhaya Bhavan, Uchawade—right on the Maharashtra border.

Over 60 women came together to learn about Human Trafficking & Child Marriage, equipping themselves with the knowledge to protect their families and communities.



Human Trafficking Prevention Program, Belagavi

In our Prevention Program in Belagavi, we had an incredible time engaging with students at Karnataka Public School & College, Yeragatti.

The high schoolers were full of energy and curiosity as we discussed digital safety and protection from abuse—important lessons in today's online world.

What amazed us? Many of these students are already content creators on Instagram, YouTube, Snapchat, and more! We loved their enthusiasm and encouraged them to use social media responsibly and safely.

Later in the day, we hosted a workshop with participants from various organizations such as:

- Santvana Women Helpline
- Shakti Sadhana Ujjwala Centre
- Shakil Stop Centre
- Sakhi One Stop Centre
- Advocates from the District Legal Service Authority
- Lady Medical Officers from the Health Department
- Radio Jockeys (RJs) from the community radio station
- Students from the B.Ed college and degree programs
- Counselors from Family Counselling Centre

all coming together to learn, share, and strengthen our fight against abuse and exploitation.



Human Trafficking Prevention Programme Chikmagalur

Oasis India, in partnership with [CMSSS](#) (Chikmagalur Multipurpose Social Service Society), recently organized a Prevention Programme at Nirmala High School, M. Dasapura, Hassan District — and what an impactful day it was!

234+ students (90+ girls & 144 boys), along with 8 teachers and 5 organizational leaders, came together to learn about human trafficking, abuse, and safety.

But we didn't stop there! We also discussed TOT (Training of Trainers) plans for teachers across Hassan Schools because awareness starts with education, and change begins with action!

Together, we are building a safer tomorrow for our children.



Human Trafficking Source Area Training/Workshop

Last month was a big win for us at Oasis India. We teamed up with Bethany Seva Kendra, Mangalore to host a Human Trafficking Source Area Training/Workshop at Dakshina Kannada District.

The focus? Prevention of trafficking and digital safety — because knowledge is the first step to protection.

30 incredible women leaders from Self-Help Groups (SHGs) across villages joined us, learning how to safeguard their communities from the dangers of trafficking.

But that's not all!

We also had an amazing session with MSW students at [St. Aloysius College- Mangalore](#) — one of Mangalore's biggest colleges with 10,000+ students. It was all about digital safety and anti-human trafficking strategies — a crucial conversation for today's youth.

And here's the best part...

We officially launched the AHT (Anti-Human Trafficking) CLUB at St. Aloysius College! This club will empower students to spread awareness, take action, and be the voice for the voiceless.

Together, we're building a safer, stronger tomorrow.



Epic Sports Day for Our ASP (After School Program) kids

Our ASP (After School Program (ASP) kids had an epic Sports Day with 80 energetic children running, laughing, and playing their hearts out!

It was a beautiful reminder that learning goes beyond classrooms — it's about exploring, playing, and creating memories.

Meanwhile, we also had an incredible time at the beach with 28 amazing youths from our Computer Course — a first-ever beach experience for many! Seeing their faces light up with joy made it all the more special.



Health Care Sessions

Last month, we organized impactful health sessions in Bilalpada — bringing awareness and change right to the heart of the community!

- Ear Infections & Prevention: 78 women and children joined an engaging session on causes, symptoms, and hygiene tips for healthy ears.
- TB & Nutrition Awareness: 54 women learned about Tuberculosis—its signs, prevention, and the power of good nutrition to boost immunity.
- Swachh Bharat Abhiyan Clean-Up Drive: Together with 40 community members, we promoted hygiene, cleanliness, and a healthier living environment.



Zero Discrimination Day at Pragati Nagar

Our team at Pragati Nagar gathered along with 21 bright young minds, for a heartwarming session about kindness, equality, and respect.

The children began with a simple yet powerful activity — drawing themselves on paper and sharing

their art with each other. It was more than just a drawing session — it was a step toward understanding that we are all unique yet equal.

At Oasis India, we believe in a world where no one is judged by their race, ethnicity, culture, food, religion, or region. We do not discriminate.

That's why we serve communities across India — from the bustling cities of Mumbai, Bengaluru, and Chennai to the remote villages of Manipur, Meghalaya, and Assam.

Together, let's build a future where kindness always wins.



Digital Safety & Human Trafficking Awareness Program

Last month, Oasis India joined hands with Amrat Talitha Kum India ([Talitha Kum](#)) to host a Digital Safety & Human Trafficking Awareness Program at Apostolic Carmelite Spirituality Center, Maryhill, Mangalore.

With over 60 participants — including Salesian sisters, brothers, and members from various congregations — the session sparked meaningful conversations about protecting communities and standing strong against human trafficking.



Breaking New Ground in Mangalore!

On 27th Feb 2025, we wrapped up Day 4 of our Source Area Training Programme with an impactful Prevention Workshop at St. Raymond College, Vamanjoor. Over 70 students joined us in learning how to combat human trafficking and protect their communities.

But that's not all — we proudly inaugurated the FIRST-ever AHT Club (Anti-Human Trafficking Club) at the college! This club will be a space for students to raise awareness, take action, and be the voice of change.

Together, let's build a future where every person is safe and empowered.



World NGO Day

On 27th Feb 2025, Oasis India, in collaboration with [PADI-Valored](#), hosted a Stakeholders Training and joined hands with fellow NGOs to celebrate World NGO Day — a powerful moment of unity and purpose!

The momentum didn't stop there! On our way back to Bangalore, we wrapped up the week on 28th Feb with a Prevention Programme for the local community in Puttur.

We also spent time at the Govt Primary School, sharing an important Safe Touch and Unsafe Touch video with the children — because awareness starts young.

It's not just about events — it's about creating ripples of change, one step at a time.



Science cum SUPW Exhibition 2025

Celebrating innovation and creativity at the Science cum SUPW Exhibition 2025!

Our young minds showcased incredible projects, demonstrating their passion for science and hands-on learning.

[Click](#) to View Gallery



RIDE FOR FREEDOM

Miles for Smiles, Rides for Rights...

MUKTHI BIKE CHALLENGE 2025



 Bangalore - Hassan - Mangalore - Udupi - Vasco - Belgaum - Miraj - Pune - Mumbai



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MUKTHI BIKE CHALLENGE-2025

Join the Adventure of a Lifetime...

Get ready to rev your engines and ride for a cause! The 8th MUKTHI BIKE CHALLENGE by Oasis India is back with a bang, raising awareness about human trafficking in the coolest way possible - a thrilling long-distance motorcycle ride along India's major highways.

In previous years, our riders have zoomed through cities, cruised past 200+ villages, and made waves with over 10 exciting events along the way. This year, we're turning up the excitement!

🥳 This is your chance to ride with us from Bangalore to Mumbai!

Bangalore-Hassan-Mangalore-Udupi-Vasco-Belgaum-Miraj-Pune-Mumbai

📅 When? 8th - 15th November 2025

🎯 Why? To make an impact, spread awareness, and experience the adventure of a lifetime.

--Ready to hit the road? Fill out this form and be part of the journey--

📞 Got questions? Contact us:

📱 +91 9158676138 | +91 9686478382

✉️ mukthibikechallenge@oasisindia.org

🚨 Hurry! The last date to register is 31st May 2025. Limited spots! Don't miss out on the ride of your life!

[Register Now](#)

[Click here](#) to Download the Mukthi Bike Challenge 2025 - Flyer



Break the chains. Connect with Hope



Call our helpline number
+91-636 446 2188



or write to us
preventionhelpline@oasisindia.org

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FACES OF COUNTLESS CHILDREN & WOMEN AND
HAS SOWN THE SEEDS OF A BRIGHTER
TOMORROW...**



**WE WANT YOU TO KNOW THAT YOUR
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it's changing lives every day...

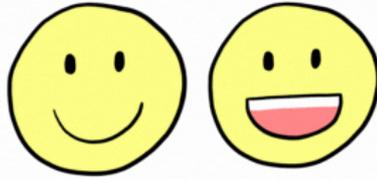


To every donor and staff member, your dedication is the cornerstone of our success. It's because of your support that we're able to touch lives, inspire change, and shape destinies. Every donation, every effort, and every moment you've shared with us is deeply appreciated.

Thank you for being a part of the Oasis India family.

Stay tuned for more updates, and feel free to visit our website and social media channels if you'd like to see more updates.

Once again THANK YOU for joining us in making a profound difference in the lives of many individuals and communities across India as we collectively strive to make India a better place for women and children.



THANK YOU FOR YOUR SUPPORT!



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